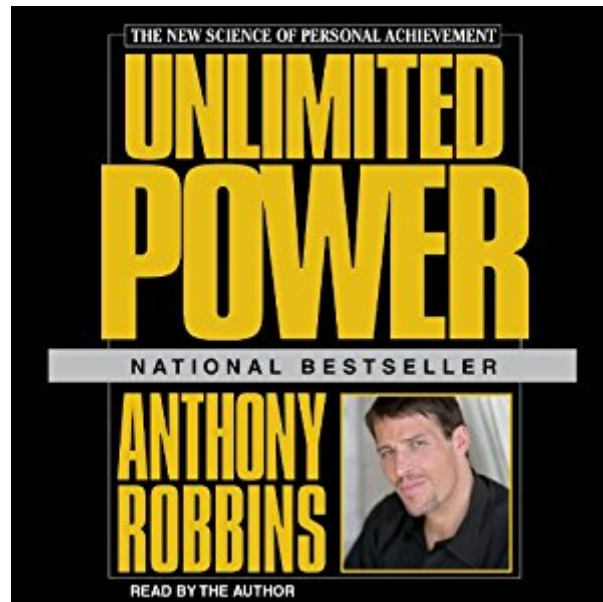


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# Unlimited Power



## Synopsis

It's not about power over other people. It's about power over yourself! Yes, you can do, have, achieve, and create anything you want out of life. Anthony Robbins has proved it. Robbins, the undisputed master of the magic of mind power shows you in this audio program how to harness yours. He demonstrates -- passionately and eloquently -- that whatever you think will be, that your state of mind determines what you can and can't do, and that all successful results can be modeled and duplicated. His enthusiasm is contagious as he shows you how to: Reprogram your mind in minutes to eliminate fears and phobias Fuel your body with spectacular health and energy Dramatically improve your interpersonal relationships Become a persuasive communicator and create instant rapport with anyone you meet Use the success of others to remodel yourself Discover the five keys to wealth and happiness Master the ultimate success formula Robbins calls Unlimited Power the new science of personal achievement. You'll call it the best thing that ever happened to you. --This text refers to the Audio CD edition.

## Book Information

Audible Audio Edition

Listening Length: 50 minutes

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Version: Abridged

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Self-Help > Personal Transformation

## Customer Reviews

This book is priceless to me. I have read almost every self-help book I can find, yet I wasn't changing. I knew a lot about self esteem etc, but it's as if I was waiting for ONE FINAL PIECE, the missing part of how to succeed - in a big scale. And this book gave that to me. It's called Personal Power. If you're like me, having read a lot, know a lot as well, then you need that final piece. This book also gave me lots of effective STRATEGIES to control my mind, and it's scientific. From this book, I used the NLP 'swish technique' to get rid of my nail biting habit in just 2 minutes! That was

just 2 months ago and I never bit it since( it actually feels unnatural to do it now). Learn how to increase your energy level and see your vitality 'explode'! There are many strategies in this book, many of them from Neuro-Linguistic Programming (NLP) a science that can change your life, habits, fears, attitude, beliefs etc so quickly (in minutes!) that you'll be surprised. How do you motivate yourself to do the things that are good for you (eg study for that exam earlier) and feel happy doing it, and how to de-motivate yourself (eg to eat that pizza). Once you learn the skills in this book, your mind will be at your command literally (instead of letting it run you). How do you create rapport with people and even strangers so easily that they feel like they know you for a lifetime? Another essential formula I learned from this book got rid of my fear of failure that used to stop me from taking action. Since then, my life, my confidence changed so much that I can hardly believe it.

"Unlimited Power" is an exceptional compliment to "Awaken The Giant Within" and is easily one of the most powerful books I've ever read. In December 1994, after winning a battle with cancer, I stood, nearly bald, in the audience of my first motivational seminar, conducted by Anthony Robbins. Shortly after the seminar I read "Awaken The Giant Within" and "Unlimited Power" to learn more about taking charge of my destiny. To this day, I refer to these books often for inspiration and guidance. Over the years, I've read and listened to a great deal of self-help material in my quest to discover the secret to success. Without question, this book provides the clearest and most incredibly inspiring ideas. Since reading this book, I've greatly increased my level of health (by becoming vegetarian), doubled my income, and formed my own consulting company. "Unlimited Power" consists of three sections: Section I: The Modeling of Human Excellence Section II: The Ultimate Success Formula Section III: Leadership: The Challenge of Excellence Although the book is quite long, it is a very exciting read. Starting off with "The Commodity of Kings" Robbins talks about how specialized knowledge (information) is available to anyone and can literally transform ourselves, and the world. Think of what Bill Gates, through Microsoft, really owns - almost nothing. Instead, he controls a vast reservoir of knowledge. In summary, what I enjoy most about "Unlimited Power" and all of Anthony Robbins' other works, is that he challenges you to test his ideas for yourself, instead of accepting ideas on blind faith. Also, I must emphasize that "Unlimited Power" (or any other book for that matter) WILL NOT magically make you successful. It requires YOU to work with the material, develop strategies, and most importantly - take action.-----Michael Davis - Editor, Byvation

I listened to this tape every day for 2 weeks while reading the book edition. Nobody is more

motivating than Robbins. At the time, I was like a miniature version of Robbins; newly divorced, out of work, alone and afraid. Thanks to Tony's techniques, I turned that all around. My financial life was also a mess and as per TONY'S ADVICE in a edition of Powertalk, I also bought Wealth Without Risk (now More Wealth w/o Risk) by Charles Givens. Givens techniques did as much for me financially as Unlimited Power did for me on a Personal Development level. Thank you Tony Robbins for one of the best, if not the very best Personal Development books of all time!

The publishers of this CD are being blatantly DISHONEST. The CD claims to be the AUDIO Unlimited Power and even includes a statement about it being narrated by Anthony Robbins. Yet the CD is NOT AN AUDIO VERSION OF THE BOOK. It is simply a recording of Mr Robbins presenting 50 minutes of material at a seminar. Only in small letters at the back of the CD does it say "abridged version". Avoid the CD. Just buy and read the book.

Robbins deserves credit for mass advertising the concept of NLP. I like this book better than "Awaken the Giant", less fluff and less promoting his other products and \$3000 seminars. The NLP techniques are only a partial solution, and not an end in themselves. Easy reading. I also highly recommend "MAXIMUM ACHIEVEMENT" by Brian Tracy and the 'SILVA METHOD" or any good book on alpha waves for maximum mental reprogramming. "SUPERSELF" by Charles Givens is probably one of the most under rated self development book. I don't agree with ROBBINS nutritional ideas and have not found one person including nutritionists who either recommend this regimen or have any measureable results by using it.

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